

# How prevalent is Diabetes?

Diabetes affects nearly 30.3 million people in the United States (9.4% of the population)

Approximately 7.2 million people are unaware they have the disease (23.8% of the population).

Another estimated 84.1 million adults are estimated to have pre-diabetes, a condition that puts people at increased risk for diabetes.

Diabetes has seen increases in both men and women and in all age groups, but still disproportionately affects the elderly with 25.2% percent of the population 65 years and older diagnosed with diabetes in 2015.

About 193,000 people younger than 20 years have diabetes (type 1 or type 2) in 2015.

Diabetes occurs in people of all ages and races, with the rate of diagnosed diabetes highest among Native Americans and Alaska Natives (15.1 percent), followed by African Americans (12.7 percent), Hispanics (12.1 percent) which includes rates for Puerto Ricans (12 percent), Mexican Americans (13.8 percent), and Cubans (9.0 percent).

Diabetes is the seventh leading cause of death in the U.S., though it is likely to be underreported as a cause of death. Overall, the risk for death among people with diabetes is about twice that of people of similar age but without diabetes.

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